

The Retreat Team: Thanksgiving Week Ghost Ranch

JiLL Marie Lynch (Santa Fe, NM)

Frank O'Neill (Boulder, CO)

This team of two is coming together for the first time. We are venturing many firsts with fresh aliveness, substantial experience and much anticipation. We are excited to be creating a weeklong community with you in an extraordinary place of magnificent natural beauty and incredible archeological history.

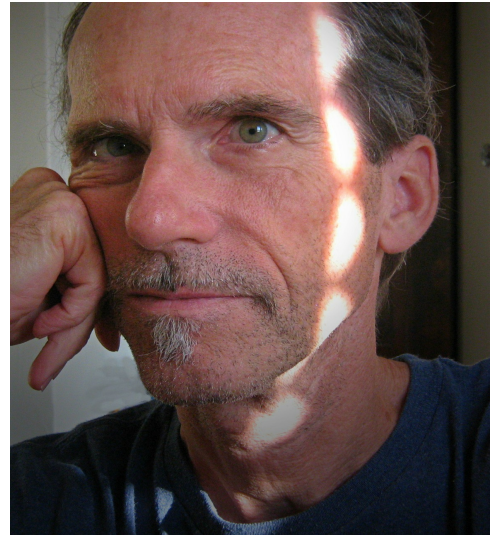


Wild Peace and Real Dirt
Transforming Free
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*May what I do flow like a
river, no forcing and no
holding back. I want to
unfold. Let no place in me
hold its self closed, for
where I am closed, I am
burdened. Burdened,
transforming free!*

Greetings from JiLL. I am a seasoned psychotherapist with extensive study and practice in East-West psychology. I care deeply about our beautiful and broken world. The *Work That Reconnects* has a profound impact on the way I live and contribute. I am an educator, facilitator, advocate and activist. I bring meditative inquiry, deep ecology, embodied and enlivened communication, and diversity appreciation to my work. I love to dance, hike, garden, cook, sew and laugh heartily! I have deep roots in DIRT, a farm girl from Iowa who loves both her domesticity and her feral nature. I enjoy learning about my family roots, my own indigeneity. I live in a co-housing community next to the Santa Fe River. I thrive best in nature, have a contemplative practice informed by Buddhist and many other wisdom teachings; and have a deep love of St. Francis's love for the Earth, her creatures and all that is animate. I have had many teachers including trees, turtles and a long-lasting illness. I am blessed many times over for opportunities in my life, including the great fortune of intensive trainings with Joanna Macy and senior WTR facilitators.

Hello from Frank. I am an explorer of embodiment and language, a Focusing Trainer, facilitator of Nonviolent Communication (NVC), yoga teacher, craniosacral therapist, electrical engineer and patent agent. I was first introduced to Joanna Macy through her book, "Coming Back To Life." This was my first taste of a cosmology that explains how to make sense of the 'mess we're in,' and it dovetails well with my mindfulness practice. I am enlivened by the *Work That Reconnects*; and the nourishment it generates for creative action. Through years of living in spiritual community, eco-villages, and co-housing; I realize that our everyday language tends to maroon us in separation. I have extensive study and practice communicating in ways that can transform this disconnection into innocence, community and creativity; and this is a key way I contribute actively in the world. My activism includes an NVC class at a homeless day shelter and guiding clients to live from their deeper, truer selves. I love wild nature and regularly renew my belonging to the Earth, most especially communing with rivers and other waterways.



Contact
By Virginia Satir

***"I believe the greatest gift
I can conceive of having
from anyone is to be seen
by them, heard by them, to
be understood and
touched by them.***

***The greatest gift I can give
is to see, hear, understand,
and to touch another
person.***

***When this is done I feel
contact has been made."***

Frank says: "What I love about knowing JiLL is our mutual explorations into the depths of our experiences. I am eager to participate with her in this spiral journey and my place in the world through this WTR workshop."

JiLL says: "Frank has cultivated a deep capacity for presence. He embodies the healing power of unconditional presence. As a result, I have benefited and found a dear friend. I look forward to our collaboration for this WTR week."